



CITY OF KINGSTON
REPORT TO COUNCIL

Report No.: 10-195

TO: Mayor and Members of Council

FROM: Terry Willing, Commissioner, Community Services Group

RESOURCE STAFF: Linda Peever, Administrator/Director, Residential Long Term Care
Shiela Thompson, Supervisor of Life Enrichment & Volunteer Services,
Residential Long Term Care

DATE OF MEETING: June 15, 2010

SUBJECT: Approval for Physiotherapy Services for Rideaucrest Home – RFP #CDS-LTC-2010-2

EXECUTIVE SUMMARY:

A Request for Proposal for Physiotherapy Services for Rideaucrest Home was issued March 19, 2010, closing April 07, 2010 with five (5) submissions received. This report is being submitted for Council's review and approval.

The Ontario Health Insurance Plan delivers physiotherapy service to residents of Long Term Care Homes at no cost to the residents under two funding models. Individual treatment is based on a referral from a Physician, a comprehensive assessment by the Physiotherapist, and the development of resident-centred goals.

Physiotherapy assessments outline both long-term and short-term goals with specific and realistic time frames for each. Therapy frequency is based on a standard of 15 minutes (minimum) three times per week (when clinically indicated). Group programs align with the required ratio of 4:1 (residents: therapist) in order for the therapy time to be counted as rehabilitation hours in the RAI-MDS program.

Following the assessment, the Physiotherapist determines whether the resident would benefit from physiotherapy, participation in a program and/or a referral to our Occupational Therapist.

The Physiotherapist plans the most effective individualized treatment for each resident (e.g. range of motion, strengthening, balance, pain management). This treatment is delivered by a Registered Physiotherapist (PT) and/or a Physiotherapy Assistant/Aide (PTA). Determining who delivers the treatment is dependent on both the type of intervention (skilled or non-skilled) and the acuity of the resident's condition. For example, a resident who recently suffered a debilitating stroke would likely be treated initially by the PT compared to a resident receiving uncomplicated range of motion exercises, who could be treated by the PTA.

The Physiotherapist works closely with the Restorative Care team to ensure residents have access to the therapeutic programs they require to achieve their maximum functional potential and maintain their current level of independence.

RECOMMENDATION:

THAT Council authorize the Mayor and Clerk to enter into a contract in a form satisfactory to the Director of Legal Services with LifeMark Eldercare for the period of August 1, 2010 to August 1, 2011 with further one year renewals if there is no substantive change in service and in accordance to the corporate policies and practices.

AUTHORIZING SIGNATURES:

ORIGINAL SIGNED BY COMMISSIONER _____ Terry Willing, Acting Commissioner, Community Services
ORIGINAL SIGNED BY CHIEF ADMINISTRATIVE OFFICER _____ Gerard Hunt, Chief Administrative Officer

CONSULTATION WITH THE FOLLOWING COMMISSIONERS:

Cynthia Beach, <i>Sustainability & Growth</i>	N/R
Denis Leger, <i>Transportation, Properties & Emergency Services</i>	N/R
Jim Keech, <i>President and CEO, Utilities Kingston</i>	N/R

(N/R indicates consultation not required)

OPTIONS/DISCUSSION:

Effective April 1, 2005 government-funded physiotherapy services are available for people who are:

- Seniors 65 and over
- Aged 19 and under
- Residents of long-term care homes at any age
- Needing physiotherapy services in their home or after being hospitalized at any age
- Ontario Disability Support Program, Family Benefits and Ontario Works recipients of any age

Since May 1, 2006 Physiotherapy services have been provided to the residents of Rideaucrest Home by Active Health Management Inc. The costs of the services were billed directly to OHIP by the provider.

In accordance with Ministry of Health and Long-Term Care homes and the City of Kingston's policies and procedures, an RFP was issued on March 19, 2010 and closed on April 7, 2010. Five firms responded and each provided details on their approach to service delivery.

Each proposal was evaluated within the criteria specified in the RFP and the ranking is summarized in the table below:

Evaluation Criteria	Active Health	LifeMark Eldercare	Arvan Rehab Group	PT Health	Kings Rehab Health Services
Work plan	12	12.75	10.25	12.5	7.5
Service provision Scope	55.5	61.25	50.25	55.5	45.5
Evidence of CQI	9.0	8.75	7.0	9.0	6.5
AODA	4.5	4.75	4.25	4.5	4.0
TOTAL	81	87.5	71.75	81.5	63.5

LifeMark Eldercare received the highest score based on our screening criteria. LifeMark Eldercare offers comprehensive physiotherapy service to residents requiring services, including an additional service of occupational therapy at 4 hours per week to the Home.

<u>Home</u>	<u>Physiotherapist Hours/Week</u>	<u>Physio Therapy Aide Hrs/Wk</u>	<u>Occupational Therapy Hrs/Wk</u>	<u>ADPs/Month</u>	<u>Total Rehabilitation Hrs/Wk</u>
<u>Rideaucrest</u>	<u>50</u>	<u>78</u>	<u>4</u>	<u>Unlimited</u>	<u>132</u>

The award of this service agreement does not have a direct cost to the City of Kingston. The costs of the physiotherapy services provided to residents are billed directly to OHIP by the service provider. This contract simply allows the physiotherapy services provider to operate within Rideaucrest subject to terms and conditions set by the Home. This service is required as part of the Restorative Care program and rehabilitation of residents and promotion of independence and health.

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EXISTING POLICY/BY LAW:

There are no existing Policies By-laws concerning this subject on record to date.

NOTICE PROVISIONS:

Current service provider requires 1 month notice to end services.

To commence service, LifeMark Eldercare requires 45-60 days upon contract execution

ACCESSIBILITY CONSIDERATIONS: N/A

FINANCIAL CONSIDERATIONS:

The City of Kingston is not required to pay any money for this purpose. The service provider bills OHIP directly for payment. No cost is borne by the City of Kingston.

CONTACTS:

Linda Peever, Administrator - Rideaucrest Home

Shiela Thompson, Supervisor, Life Enrichment & Volunteer Services – Rideaucrest Home

Joe Davis, Manager of Finance and Administrative Services - Rideaucrest Home

Nicole Phillips, Director of Nursing – Rideaucrest Home

OTHER CITY OF KINGSTON STAFF CONSULTED:

Janis Morrison, Purchasing Dept - Finance Dept

Alan McLeod, Senior Legal Counsel -Legal Dept

EXHIBITS ATTACHED:

N/A