

# The Municipal Fee Assistance Program – Spring 2017

## Kingston Gets Active Month – Free Activities all month long

### Grade 5 & 9 Active Pass

Flash your grade 5 or grade 9 ActivPass card and get free access to local recreation facilities to swim and skate and use the gym. [Click here](#) for more information.

Take advantage of all the FREE activities in April as part of Kingston Gets Active Month. There's something for every age and ability.

Go to [KingstonGetsActive.ca](http://KingstonGetsActive.ca) to see all the activities and download a calendar.

- KCAT's Earth Day Walk/Cycle on the K&P Trail: Sat, April 22 from 10 a.m. -12 p.m. Meet at Doug Fluhrer Park.
- [Success by Six week](#): May 1-7 (see United Way about this... all free activities for 0-6 years).
- [YMCA Healthy Kids Day](#): Sunday, May 7, 10 a.m.-3 p.m. at the YMCA (100 Wright Crescent).
- [Get Active Safe and Healthy Fair](#): April 29, 10 a.m.-12 p.m. at KCHC (263 Weller Ave).
- [K&P Trail opening](#): June 10 (City is organizing this).

### Low Cost Activities

#### [Swimming](#) - 7 days a week.

Artillery Park Aquatic Centre, 382 Bagot St., \$3.25 (taxes incl.). Parent & child(ren) per person rate (children under 2 years are admitted at no charge).

#### Toonie swims

\$2 Leisure swims - May 11 & June 15 from 7 p.m.-8:25 p.m. at Artillery Park Aquatic Centre).

#### The Kids Tri - June 24th.

#### National Drowning Prevention Week

July 15-21 at Tomlinson Aqua Park. Join us for water safety games, contests and activities!

## **\$2 Friday Youth Nights (FYN)**

Youth ages 13 to 24 pay just \$2 for Friday night swims and on the last Friday of each month, it's Gym & Swim for a Toonie. Fridays – 8 p.m. to 9:25 p.m., all year. Artillery Park Aquatic Centre, 382 Bagot St.

[Public Skating](#) - INVISTA Centre - Parent & Child rate \$2.50/pp.

## **Free Youth Programming**

### **Gameface Drop In Program**

Gameface is a drop-in program for children and youth aged 6-24. Featuring sports, games, crafts, field trips, snacks and a video game room with the latest systems. As a drop in program, participants are permitted to drop in and out as they please. Open afterschool Tuesday to Friday during the school year. Gameface will be open for 7 hours a day during July and August, with exact hours still to be determined.

Gameface is operated by the City of Kingston Recreation & Leisure Services Department and operates out of Rideau Heights Public School, 77 MacCauley St. For information call 613-572-4468.

### **Gameface Spring Hours**

- Monday – Closed
- Tuesday – 4:15 - 7:15p.m.
- Wednesday – 4:15 - 7:15p.m.
- Thursday – 4:15 - 7:15p.m.
- Friday – 5:00 - 8:00p.m. (Teen Night)

\* Please note: The front doors of the school are locked at 6p.m. We will check the doors at 6:15p.m.

### **Kingston Frontenac Public Library**

The Kingston Frontenac Public Library has hundreds of free activities all year. Check the calendar! [www.kfpl.ca/programs-and-events](http://www.kfpl.ca/programs-and-events)

This spring, don't miss King Con – a free comic book & gaming festival for all ages. [www.kfpl.ca/programs-and-events/2017-04-01/king-con-2017-st-andrews-presbyterian-church](http://www.kfpl.ca/programs-and-events/2017-04-01/king-con-2017-st-andrews-presbyterian-church)

Children will explore science and technology at STEM Start (ages 3-5) [www.kfpl.ca/programs-and-events/2017-04-04/stem-start-kchc](http://www.kfpl.ca/programs-and-events/2017-04-04/stem-start-kchc) and STEM Punks (ages 6-9) [www.kfpl.ca/programs-and-events/2017-04-03/stem-punks-isabel-turner](http://www.kfpl.ca/programs-and-events/2017-04-03/stem-punks-isabel-turner)

Enjoy the summer sunshine in neighbourhood parks at Stories in the Park starting in June. [www.kfpl.ca/programs-and-events?date\\_filter%5Bvalue%5D%5Bdate%5D=2017-06-01&na.m.e=stories+in+the+park&=Apply+Filters](http://www.kfpl.ca/programs-and-events?date_filter%5Bvalue%5D%5Bdate%5D=2017-06-01&na.m.e=stories+in+the+park&=Apply+Filters)

Healthy Kids Community Challenge - Ad

## Like discounts?

### Kingston Transit

Present your photo ID monthly Transit pass at these participating PassPERKS partners and \$AVE! Offer varies by vendor. Full details posted at [kingstontransit.ca/passperks](http://kingstontransit.ca/passperks).

- Beddington's bed & bath, 1011 Princess St.
- Bluemoon Karaoke & DJ Services, contact (613) 876-3804.
- Brown Bear Tackle Box, 836 Development Dr.
- Hair Your Way by Jezzica, 1070 Gardiners Rd.
- Loyalist Flowers, 4451 Bath Rd.
- Marble Slab Creamery, 27 Princess St. and 2376 Princess St.
- Mary Brown's Famous Chicken and Taters, 841 - Hwy 15.
- Optical Factory, 135 Princess St.
- Quiznos Sub (Kingston Centre), 1046 Princess St.
- Tourism Kingston Visitor Information Centre, 209 Ontario St.

Go to [www.kingstontransit.ca/](http://www.kingstontransit.ca/)

## Latest News

### The Spring & Summer Leisure guide is here!

Pick up a copy at a City of Kingston facility or click [HERE](#) to view our popular on-line version. The City of Kingston Recreation & Leisure Guide is filled with fun and easy ways to stay engaged, healthy and active. Start making your spring & summer plans!

### City of Kingston Spring program registration

Registration for fall programs begins March 25. Ways to register:

- Online – [www.cityofkingston.ca/ecity](http://www.cityofkingston.ca/ecity)
- In person - visit a registration location

### **Responsible Pet Ownership – Pet Vouchers**

There are currently no pet vouchers available. Additional vouchers may be made available beginning April 18th on a first come, first serve basis.

## **Events**

### **150 tree ceremony**

May 6, 1:00 p.m. – 2:00 p.m., Trillium Ridge Park. Tree planting in recognition of Canada's 150th celebrations.

### **Sam Roberts Band**

May 12, 7:00 p.m. – 10:00 p.m. In partnership with the City of Kingston, Sam Roberts Band is set to take the stage during the closing celebration of The Breakout Project, Canada's biggest social innovation event.

### **Victoria Day Celebrations**

May 22, 1:00 p.m. – 10:00 p.m. Start your summer season at Lake Ontario Park during the City's annual Victoria Day Celebrations. Join us and enjoy live entertainment, local food trucks, inflatable activities, face painting and balloon twisting, topped off by a jaw dropping fireworks display! The perfect kick off to a summer of family fun!

### **Art after Dark Spring 2017**

May 26, 7:00 p.m. – 10:00 p.m. Galleries in Downtown Kingston will open their doors from 7 p.m. to 10 p.m. on Friday, May 26. Join us for this free event and see the best art Kingston has to offer! Don't forget to enter to win a \$500 Downtown Kingston art shopping spree!

### **First Capital Day Celebrations**

June 15, 9:30 a.m.-2:30p.m., City Park. Experience life in the [First Capital era](#) through different activities and displays!

### **Doors Open Kingston**

June 17, 10:00 a.m. – 4:00 p.m. This year's the Doors Open theme is Canada 150. Kingston will open the doors will be open to a variety of museums, buildings and facades you have always wanted to see.

### **Canada Day Celebrations**

9:00 a.m. to 10:00 p.m. Confederation Park Celebrations! Lots of activities, live entertainment & fireworks!

### **Music in the gardens**

Free Concert Series from 7:00 p.m. - 8:00 p.m. at Lions Civic Gardens (beside the Catarauqui Town Centre) Wednesday and Sunday evenings.

### **Movies in the Square**

Thursdays at dusk every Thursday, Springer Market Square. Free classic movies. Bring a chair!

### **Music In the Park**

12:30 p.m. -1:30 p.m., Confederation Park. Free concerts every Tuesday, Thursday and Saturday in Confederation Park.

### **Downtown Country**

Free Thursday evening concerts at 7:00 p.m. in Confederation Park.

### **Big Band Fridays**

Free Friday evening concerts at 7:00 p.m. in Springer Market Square Courtyard.

### **Sounds at St. Andrew's**

Free Saturday concerts at 4:00 p.m. on St. Andrew's Church Lawn.

### **Chef cooking demos**

Watch a different local chef cook up something delicious using local ingredients every Saturday at 11:00 a.m. in the Courtyard at Springer Market Square.

### **Giveaway Days: Saturday, April 22 and June 17**

Waste not: use Giveaway Days to put out items you no longer use for FREE pick-up by your neighbours who might want them. View [HERE](#).

### **PROkids News**

The PROKids program has completed its final funding session and as of March 2017 the program has been discontinued. Those approved for the Municipal Fee Assistance Program in 2017 who were not able to access PROKids funding during this final funding period will continue to have the option to access SPARK Funding. Those seeking funding assistance for programs not covered by SPARK are encouraged to apply for funding through the Canadian Tire Jumpstart program.