March Break & Spring ACTIVITY FLYER 2020

MARCH BREAK DAY CAMP

March 16 - 20
Artillery Park Aquatic Centre – 382 Bagot St.

Laugh, play and have fun. Enjoy sports, games, crafts, swimming and local outings. Friday includes a trip to the Boiler Room Climbing Gym. Daily and weekly options available. Note: Extended supervision is available from 8 to 9 a.m. and 4 to 5:30 p.m. and must be registered for separately.

Weekly camp
Time: 9 a.m. to 4 p.m.
Cost: $162
Code: 8508

Daily camp
Time: 8 a.m. to 5:30 p.m.
Cost: $46.50 (includes extended supervision)
Code: 8512

Extended supervision
Time: 8 - 9 a.m. and 4 - 5:30 p.m.
Cost: $37.50/week
Code: 8510

Register online at CityofKingston.ca/PLAY
Or call 613-546-4291 ext. 1900/1800/1700 for more information.
Leisure swims
Artillery Park Aquatic Centre, 382 Bagot St.
March 16 – 20 1:30 to 2:55 p.m.

Public skating
INVISTA Centre, 1350 Gardiners Rd.
Monday, March 16 – 6:30 to 7:20 p.m.
Monday, March 16 – 12 to 1:20 p.m.
Tuesday, March 17 – 2 to 3:20 p.m.
Wednesday, March 18 – 12 to 1:20 p.m.
Thursday, March 19 – 2 to 3:20 p.m.
Saturday, March 14 – 2 to 3:45 p.m.

Centre 70, 100 Days Rd.
Friday, March 13 & 20 – 7 to 8:45 p.m.
Tuesday, March 17 - 4 to 4:50 p.m.
Thursday, March 19 - 4 to 4:50 p.m.

Kingston Memorial Centre, 303 York St.
Sundays, March 15 & 22 – 12 to 1:45 p.m.
Wednesday, March 18 – 5 to 5:50 p.m.

Cataraqui Community Centre, 1030 Sunnyside Rd.
Saturday March 21 - 2 to 3:45 p.m.

Parent & Tot Skating
INVISTA Centre, 1350 Gardiners Rd.
Monday, March 16 – 10:30 to 11:50 a.m.
Wednesday, March 18 – 10:30 to 11:50 a.m.
Sunday, March 15 & 22 – 11 to 11:50 a.m.

Junior Shinny
INVISTA Centre, 1350 Gardiners Rd.
Monday, March 16 / Wednesday, March 18
7-9 yrs – 10 to 10:50 a.m.
10-12 yrs – 11 to 11:50 a.m.

Tuesday March 17/ Thursday, March 19
7-9 yrs – 12 to 12:50 p.m.
10-12 yrs – 1 to 1:50 p.m.

Parent & Tot Stick & Puck
INVISTA Centre, 1350 Gardiners Rd.
Children must wear full hockey equipment. Guardians using a hockey stick must wear a helmet on the ice. Please bring a soft rubber puck or ball; hard pucks are not permitted.
Tuesday, March 17 – 10:30 to 11:50 a.m.
Thursday, March 19 – 10:30 to 11:50 a.m.
UPCOMING EVENTS

Registration Day – March 26
Thursday, March 26, 6 p.m.
Online at CityofKingston.ca/PLAY or
In person at Rideau Heights Community Centre, 85 MacCauley St.
Artillery Park Aquatic Centre, 382 Bagot St.
or INVISTA Centre, 1350 Gardiners Rd.

National Youth Week – May 1 to 7
National Youth Week celebrates youth engagement and showcases the abilities and talents of youth in the areas of civic engagement, recreation, arts and sports. A variety of free/low cost activities are being offered across the city during Youth Week. Check out what’s happening at Y2KFLA.com

United Way Success By 6 – May 4 to 10
Success By 6 is a fun-filled week of activities designed with the youngest members of our community in mind. The week provides a variety of FREE activities that encourage simple family fun. Take the time and make the moments matter. Unitedwaykfla.ca/programs/success-by-6/

SO MUCH FOR SO LITTLE! Youth memberships (15-24 yrs)
Artillery Park Aquatic Centre & INVISTA Fitness & Wellness Centre
Gym or Pool memberships $17/month (based on one year memberships)
CityofKingston.ca/Fitness

K-TOWN birthday PARTIES

You supply the cake... We supply the fun!

Big Splash Pool Parties
Sports of all Sorts Gym Parties
Ice Skating Parties
Plan your next party with the City of Kingston

CityofKingston.ca/Birthday

SPARK
(Subsidy Program for Affordable Recreation in Kingston)
Funding for increased access to municipally-run recreation and arts programs, camps, fitness memberships and drop-in activities.

get ready to play!
Our new online service has simplified access to recreation services. Create your new account today!
CityofKingston.ca/PLAY
### Leadership courses
- Bronze Medallion with Emergency First Aid and CPR-B: April
- Bronze Cross with Standard First Aid and CPR-C: April
- Home Alone: April, May, June
- Babysitting Course: April, June
- Bronze Star and Swim Sports: April
- Leader-in-Training Program: June
- High Five! Principles of Healthy Childhood Development: June

### Preschool
- Get Crafty Junior: May
- Baby & Me Aqua fit: May
- Sport Ball! Sport Instruction for Kids 16mo-7 yrs.: April
- Yoga for Children: May
- Zumbini: May

### Children
- March Break Day Camp, 6-12 yrs: March 16 - 20
- K-Town Spring Power Skating: March
- Get Crafty (Arts and Crafts): April
- Children's Jazz: April
- Hip Hop Dance: April
- Dodgeball Boot Camp: April
- Karate: April
- Sports of 4 Sorts: April
- Swim Sports: April
- I Love Water Polo: April
- Art & Crafting with Majella: April, May
- Aboriginal Storytelling: April, June
- Boot Camp Junior: May
- Guitar Lessons Junior: May
- Musical Theatre classes: May
- Tennis Lessons – Junior: May
- Skateboard lessons ages 5-12 yrs: May
- Golf Lessons – Family: May
- Sword & Shield: June
- Summer Camps: July

### Youth
- Boot Camp – Youth: May
- Group Guitar Lessons Senior: May

### SPRING REGISTERED PROGRAMS
Details and sign up at [CityofKingston.ca/PLAY](http://CityofKingston.ca/PLAY)

### VOLUNTEERING
Be active, socialize and share your leadership skills and experience. Find out more at: [CityofKingston.ca/YouthVolunteer](http://CityofKingston.ca/YouthVolunteer)
Or contact Shane at sstillwell@cityofkingston.ca.

### NEED A RIDE?
All Kingston High School grades 9 to 12 students can obtain a [FREE City Transit Pass](http://CityTransitPass)*. Use it to visit a recreation facility today. Students can obtain their bus cards from either the City Hall Pay Centre or the Cataraqui Centre Guest Services desk by showing either:
1. A current Grade 9-12 timetable and birth certificate.
2. A current Grade 9-12 high school student photo ID.

* There is no cost for Grade 9 students to obtain their initial bus card. A $3 fee will be charged for Grade 10-12 first-time pass holders, and for replacement cards.

### TIME ON YOUR HANDS?
Dive into the pool, Slip on your skates, Bounce into the gym, [CityofKingston.ca/PLAY](http://CityofKingston.ca/PLAY)

### Grade 5 and 9 ActivPass
Get in FREE to public swims, skates and open gym times at municipal recreation centres.

Students: show your grade 5 or 9 ActivPass/student ID at each visit to gain entry.

[KingstonGetsActive.ca](http://KingstonGetsActive.ca)
Raising awareness of the benefits of physical activity.