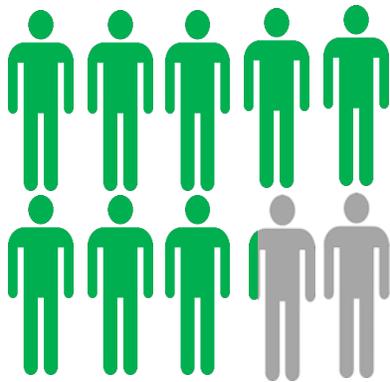


Impressions of living in Kingston

Age Friendly Kingston Survey Summary

submitted by Nanos Research to the Age-Friendly Alliance and the City of Kingston

>The best things about living in Kingston

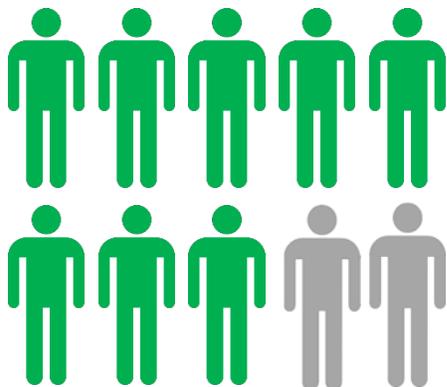
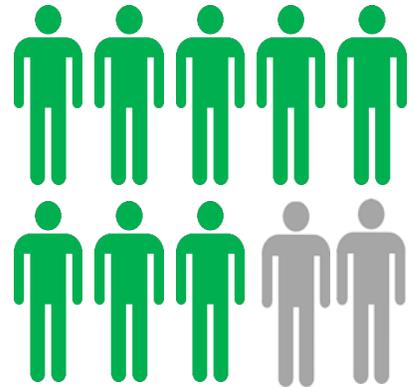


82%

Older adults who said the ease of travelling on **sidewalks in summer** was good/very good

81%

Older adults who said that **parks and green spaces** are good/very good



80%

Older adults who said the ease of **getting in and out of stores and restaurants** was good/very good

>The challenges of living in Kingston

48% Older adults who said the ease of travelling on **sidewalks in winter** was poor/very poor



39% Older adults who said that the **availability of parking** was poor/very poor



33% Older adults who said the availability of **public washrooms** was poor/very poor



> *Variations across age groups*

Factoring in the margin of error, there were a few marginal differences across the three age groups included in the study.

- In terms of **mobility**, adults 45 to 59 were more likely to say they never have difficulty with mobility (72%) and they are never afraid of falling (76%) compared to adults over 75, **51%** and **55%** of whom say the same, respectively. In addition, 72% of adults 45 to 59 say they leave the house for any reason seven or more times a week, compared to 53% for adults 60 to 74 and **43%** for those over 75.
- Adults over 75 are more frequently say that they are not interested in **participating in activities** such as sports (**58%**), learning a new language (**77%**) or learning about technology (**46%**) than adults 45 to 59 (40%, 59%, and 24% respectively).
- The most frequently cited **barrier to participating** in more activities by adults 60 to 74 (27%) and adults over 75 (**24%**) was lack of interest in additional activities, while adults 45 to 59 most often said that activities were offered at the wrong time of the day for them (**28%**). Adults over 75 were less likely than adults 45 to 49 to cite cost (nine percent versus 25%) and wrong time of the day (10% versus 28%) as things that make it hard to participate in more activities.
- With regards to **getting information** about programs and other events in the community, adults 75 and over (**69%**) and those 60 to 74 (61%) more frequently say that they never get it from social media than adults 45 to 59 (43%). In addition, **49%** of adults over 75 say they never use the internet or websites for these purposes, compared to adults 45 to 59 (20%).

> *Survey Methodology*

- Nanos Research was retained by the City of Kingston and the Age-Friendly Alliance to conduct research on the benefits and challenges of living in Kingston as an older adult.
- To that end, Nanos conducted a random telephone survey of 600 residents of the City of Kingston, 45 years of age or older, between November 1st and 6th, 2015. The sample included both land- and cell-lines across the City of Kingston, half of whom were in urban areas and half who were in suburban areas. Six digit postal code was used to validate geography.
- In the 45-59 year old age group, 276 residents were interviewed, in the 60-74 year older group 184 residents were interviewed, and in the 75 plus age group 140 residents were interviewed.
- Results were statistically checked and weighted by age and gender using the latest Census information and the sample is geographically stratified to be representative of Kingston.
- The margin of error for a random survey of 600 residents of the City of Kingston is ± 4.0 percentage points, 19 times out of 20.