

# COVID-19

## Should I wear a face covering?



- ✓ It will protect others from your germs.
- ✓ When going out for groceries and essentials, the mask may offer some protection when you cannot keep 2 metres (6 feet) from others.
- ✓ You can make your own mask with materials you already have.

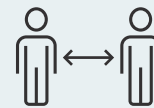
### How to safely wear a mask:

- ✓ Do wash your hands before putting it on and taking it off
- ✓ Do make sure it fits to cover your mouth and nose
- ✓ Do wash your cloth mask in the laundry
- ✓ Do clean surfaces that a dirty mask touches
- ✗ Don't touch your face or mask while using it
- ✗ Don't use masks on children under 2 years of age or anyone who has trouble breathing
- ✗ Don't share your mask with others

### The best protection



**Stay home**



**Keep  
2 metres  
away from  
others**



**Wash hands  
often**



**Do not use medical masks as they are needed by health care workers.**

**#StayHomeKFLA**