



City of Kingston
216 Ontario St.
Kingston, ON K7L 2Z3
613-546-4291

City of Kingston Winter Services Response Plan *Revised 02/13/2025

Effective December 1, 2024 - March 31, 2025

The 2024/2025 Winter Services Response Plan outlines the services available within the City of Kingston to support people experiencing homelessness during the winter season. It is designed to adapt and evolve based on demand and availability of appropriate locations.

The Winter Services Response Plan includes:

- Locations offering emergency beds and overnight services including summaries of services offered and hours of operation
- Weekday and Weekend Daytime Drop in Services
- Warming Centres
- Street Outreach Services and Prevention Diversion Services

Emergency Shelter Beds/ Overnight Services

Note: this plan reflects maximum shelter capacity – meaning the total number of individuals that can be supported on-site. This varies from the number of beds available as some sites support couples and families who can share beds in some locations. If each bed is occupied by only one individual, then the number of beds is equal to the minimum capacity of the site.

1. In From the Cold - 540 Montreal St. (capacity for **34** individuals, in **34** beds)
24-hour coed Housing Focused shelter for adults over 24 years of age
Pet friendly, programming, storage, meals, showers
7 days per week, 24 hours
2. Adelaide Shelter - 38 Cowdy St. (capacity for **89** individuals, in **77** beds)
Coed shelter for adults over 25 years of age
Couples welcome, storage, meals
7 days per week, 9:00 p.m. – 9:00 a.m.
3. Integrated Care Hub (ICH) - 661 Montreal St (capacity for **28** individuals, in **24** beds)
Coed shelter for adults over 18 years of age
Pet friendly, couples welcome, storage, meals
7 days per week, 8:00 p.m. – 9:00 a.m.



4. Kingston Youth Shelter - 365 Nelson St (capacity for **24** individuals, in **24** beds)
Coed shelter for individuals aged 16 to 24
Family mediation, storage, meals, showers
7 days per week, 24 hours
5. Dawn House for Women (capacity for **14** individuals who identify as female, in **14** beds)
Emergency shelter for women
Programming, showers, laundry, meal assistance
7 days week, 24 hours
613-929-3440
6. Veronica's Veil (St. Mary's Parish) - 260 Brock Street (capacity for **12** individuals who identify as male, in **12** beds)
Emergency Shelter for men
Meals, clothing bank, showers
7 days per week, 9:00 p.m. – 8:00 a.m.
7. Lily's Place Family Shelter - 333 Kingscourt Ave (capacity for **31** individuals, depending on the family size)
Family shelter for single or couples with children
Programming, showers, laundry, meal assistance
7 days a week, 24 hours
8. Kingston Interval House (capacity for **25** individuals, in **25** beds)
Emergency shelter for women and their children who have experienced violence
Support services, programming, showers, laundry, meals
7 days per week, 24 hours 613-546-1777
*Crisis Line available 24 hours per day

Drop Ins/ Day Services

1. Housing Resource Centre: Salvation Army - 342 Patrick St
Washrooms, showers, meals & laundry
Mon - Fri: 9:00 a.m. – 9:00 p.m.
2. St. Mary's Drop-In Centre - 260 Brock St
Washrooms, showers & meals
Mon - Fri: 1:00 p.m. – 3:30 p.m.
3. Adelaide Shelter - 38 Cowdy St
Washrooms, meals, and scheduled programming & activities
Saturdays, Sundays & statutory holidays, day 9:00 a.m. – 9:00 p.m.
4. Peers of the Round Table - 60 Queen St
Washrooms, meals & laundry
Mon - Sat: 10:00 a.m. – 3:00 p.m.



5. Integrated Care Hub (ICH) - 661 Montreal St
The Access & Support Centre offers mental health support, housing and food assistance, showers, bathrooms, & computers
7 days per week, 10:00 a.m. – 8:00 p.m.
The Consumption Treatment Services at the ICH site (CTS) is open
7 days a week 9:00 a.m. – 9:00 p.m.
6. Kingston Alliance Church - 540 Palace Rd
Washrooms, meals
Mon: 10:00 a.m. – 11:30 a.m. & 12:00 p.m. – 2:00 p.m.
7. One Roof Youth Drop-In Daytime Services - 620 Princess St.
Community hub: youth-serving agencies provide wraparound services for youth aged 16 to 24.
Programming, washrooms, showers, meals & laundry
Mon - Fri: 8:30 a.m. – 4:30 p.m.
8. A Great Start for Families: Kahwà:tsire Ronwatiyenawá:se Centre -
263 Weller Ave. Unit #4.
For families with children under 6yrs and expecting parents
Programming, Indigenous supports, cooking and child-minding, washrooms
Mon - Fri: 8:30 a.m. – 4:30 p.m.

Warming Centres

Extreme weather shelter locations are public spaces within the City where individuals are welcome to come in and seek shelter during extreme weather events. Individuals are encouraged to call ahead to confirm hours of operation and if there is capacity.

[Warm Up, Cool Down, and Clean Air Locations | City of Kingston](#)

1. INVISTA Centre - 1350 Gardiners Rd.
Mon - Fri: 6:00 a.m. – 9:00 p.m.
Sat: 7:00 a.m. – 8:00 p.m.
Sun: 8:00 a.m. – 8:00 p.m.
2. Calvin Park Library Branch - 88 Wright Cres.
Mon - Thu: 9:00 a.m. – 8:00 p.m.
Fri & Sat: 9:00 a.m. – 5:00 p.m.
3. Cataraqui Centre - 945 Gardiners Rd.
Mon - Fri: 10:00 a.m. – 8:00 p.m.
Sat: 10:00 a.m. – 6:00 p.m.
Sun: 11:00 a.m. – 5:00 p.m.



4. Kingston East Community Centre - 779 Highway 15
 Mon - Fri: 6:00 a.m. – 9:00 p.m.
 Sat & Sun: 8:00 a.m. – 8:00 p.m.
5. Central Library Branch - 130 Johnson St.
 Mon - Thu: 9:00 a.m. – 8:00 p.m.
 Fri & Sat: 9:00 a.m. – 5:00 p.m.
 Sun: 1:00 p.m. – 5:00 p.m.
6. Pittsburgh Library Branch - 80 Gore Rd.
 Mon: 9:00 a.m. – 1:00 p.m.
 Tue: 12 p.m. – 8:00 p.m.
 Wed: 10:00 a.m. – 6:00 p.m.
 Thurs: 12:00 p.m. – 8:00 p.m.
 Fri: 1:00 p.m. – 5:00 p.m.
 Sat: 9:00 a.m. – 5:00 p.m.
7. Rideau Heights Library Branch - 85 MacCauley St.
 Mon, Wed & Thurs: 10:00 a.m. – 8:00 p.m.
 Fri & Sat: 9:00 a.m. – 5:00 p.m.
8. Housing & Social Services - 362 Montreal St.
 Mon - Fri: 8:30 a.m. – 4:30 p.m.
 Thu 9:00 a.m. – 12:00 p.m. storage services

Meals

1. Martha's Table - 629 Princess St.
 7 days per week
 Serves breakfast 9:00 a.m. – 11:00 a.m. (takeout)
 lunch 12:00 p.m. – 2:00 p.m. (takeout or eat-in) and
 dinner 3:00 p.m. – 5:00 p.m. (takeout)
2. St. Vincent de Paul Society - 85 Steven St.
 Mon - Fri: 10:00 a.m. – 1:00 p.m., takeout meals
 Provides clothing and household items
 Emergency food pantry – must have ID and an address
3. Lunch by George - 129 Wellington St.
 Mon - Fri: 9:00 a.m. – 11:45 a.m.
4. Tommy's Restaurant or Smoke 'N Barrel
 Tuesday's & Thursday's, typically delivered between 3pm – 4pm
 *Approx. 20 meals, distributed by Home Base Housing Street Outreach



Outreach Services

Street Outreach Workers will check on individuals' wellbeing and encourage people living outside to come indoors. Outreach staff also hand out blankets, sleeping bags and warm winter clothing all winter long as supplies permit.

1. Addiction and Mental Health - KFLA
24/7 Crisis
613-544-4229 1-866-616-6005
2. Home Base Housing Street Outreach Team
7 days a week, 8:30 a.m.- 10:30 p.m.
613-542-6672 ext. 130 .
3. Welcoming Streets
Street Outreach Service in the Downtown Business Improvement Area
7 days a week, 9:00 a.m. – 5:00 p.m.
613-583-5008

Prevention Diversion Services are available to individuals at imminent risk of homelessness to divert them from entering the shelter system through housing support services.

1. Salvation Army - 613 548-4411
2. Home Base Housing - 613-542-6672

Public Washrooms

1. City Hall (lower level, access by Market Square) - 216 Ontario St.
Daily, 7:00 a.m. – 7:00 p.m.
*Extended hours when outdoor rink in place until 10:00 p.m.
2. Hotel Dieu Hospital - 166 Brock St.
Mon - Fri: 8:00 a.m. – 8:00 p.m.
Sat - Sun: 8:00 a.m. – 4:00 p.m.
3. Kingston General Hospital (KGH) - 41 King Street West
7 days per week, 24 hours

Please visit our website for further information:
[Homelessness Services | City of Kingston](#)

