Shelters
If possible, please call ahead to make sure there is space.

1. **In From the Cold Emergency Shelter** – 540 Montreal St. Open 24/7. Adult coed shelter.
   Phone: 613-542-6672 ext. 2.

   Phone: 613-549-4236.

3. **Lily’s Place** – 333 Kingscourt Ave. Open 24/7. Shelter for families with children.
   Phone: 613-542-6672 ext. 3.

4. **Adelaide St. Centre** – 38 Cowdy St. Overnight, adult coed shelter. Drop-in services from 9 a.m. – 9 p.m. Saturdays, Sundays and statutory holidays.
   Phone: 613-483-8580.

5. **Concession St. Centre** – 218 Concession St. Overnight adult coed drop-in and shelter, open 9 p.m. – 8:45 a.m.
   Phone: 613-542-6672 ext. 310.

Drop-In Services

6. **St. Mary’s Drop-In Centre** – 260 Brock St.
   1 – 4 p.m. Monday to Friday with services for coed adults.
   Phone: 613-546-5521 ext. 3.

7. **Integrated Care Hub** – 661 Montreal St. Open 24/7. Drop-in services and support, including harm reduction supplies, meals, referral supports, adult coed overnight drop-in.
   Phone: 613-329-6417.

8. **Salvation Army Drop-In** – 342 Patrick St.
   Daytime services from 9 a.m. – 8:30 p.m. Monday to Friday. Closed noon – 1 p.m. Services for adults and youth.
   Phone: 613-548-4411.

9. **One Roof Youth Drop-In Daytime Services** – 620 Princess St. A community hub where youth-serving agencies provide wraparound services for youth ages 16-24.
   8:30 a.m. – 4:30 p.m. Monday to Friday.
   Phone: 613-542-6672.
All locations have staff who can coordinate referrals to a variety of supports, including housing services and more.

**Home Base Housing's Street Outreach Team** regularly checks on known individuals experiencing homelessness. If you are experiencing homelessness or are concerned about a person in need of help, please call 613-542-6672 ext. 130.

If you or someone you know is in distress, please call the **Addiction and Mental Health - KFLA 24/7 Crisis Line**: 613-544-4229 or 1-866-616-6005. If it is an emergency, please call 911.

This information has been updated as of **April 25, 2024**.

---

**Specialized Services**

**Dawn House** – Specialized transitional housing for women. 805 Ridley St. Phone: 613-545-9640 to check availability.

**Kingston Interval House** – 24/7 Crisis Line, emergency shelter and support services for women and children leaving abusive situations. Phone: 613-546-1777.

---

If you have questions or feedback, please email Homelessness@CityOfKingston.ca.