



**City of Kingston**  
216 Ontario St.  
Kingston, ON K7L 2Z3  
613-546-4291

## City of Kingston Summer Response Plan

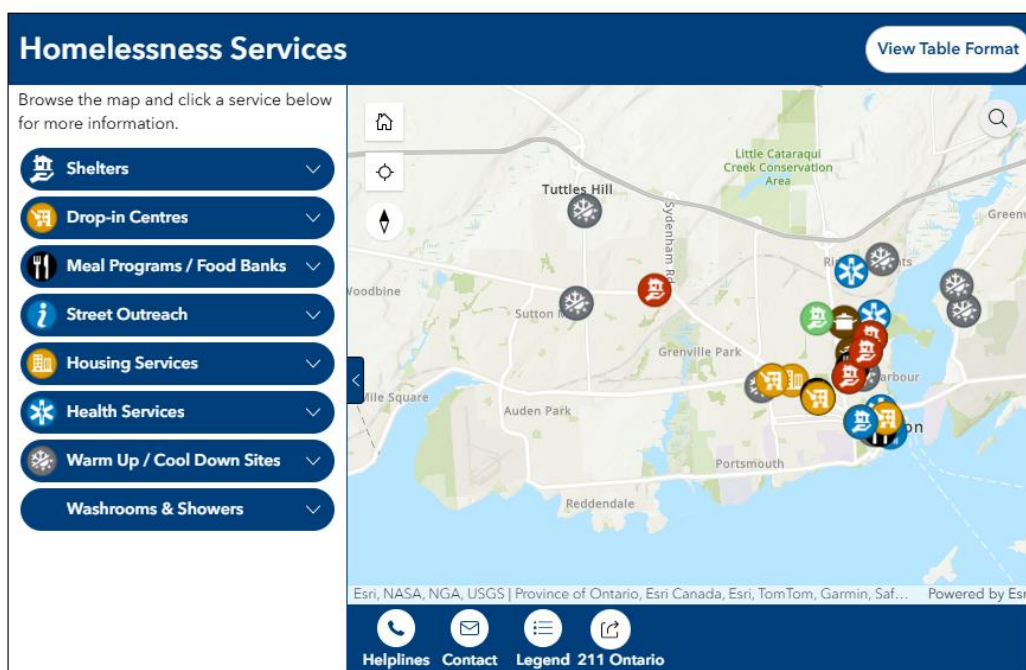
Effective June 2026

The 2026 Summer Response Plan outlines the services available within the City of Kingston to support people experiencing homelessness during the summer season. It is designed to adapt and evolve based on demand and availability of appropriate locations.

The Summer Response Plan includes:

- Link to digital Map highlighting Homelessness Services
- Emergency Shelter Beds / Overnight Services
- Drop in Services
- Prevention Diversion Services
- Cooling Centers
- Street Outreach and Storage Services
- Public Washrooms
- Who to Call

Please visit our website for further information: [Homelessness Services | City of Kingston](#)



## Emergency Shelter Beds/ Overnight Services

- 1. In From the Cold** - 540 Montreal St.  
24-hour co-ed, housing focused shelter for adults 25 years of age and older  
Pet friendly, couples welcome (separate beds), programing, laundry and showers  
For bed availability or general questions, call 613-542-6672 ext. 2
- 2. CFOC – Doors of Compassion** – 928 Sydenham Rd.  
24-hour co-ed, housing focused shelter for adults 18 years of age and older  
Pet friendly, couples welcome (separate beds), programing, laundry and showers  
For bed availability or general questions, call 613-483-6771
- 3. Integrated Care Hub – Rest Zone** - 661 Montreal St.  
Coed overnight shelter from 6:30 p.m. – 8:30 a.m. for adults 18 years of age and older  
Pet friendly, couples welcome (can share bed) and showers  
For bed availability or general questions, call 613-329-6417
- 4. Kingston Youth Shelter** - 365 Nelson St.  
24-hour co-ed, housing focused shelter for youth 16 – 24 years of age  
Couples welcome (separate beds), programing, family mediator, laundry and showers  
For bed availability or general questions, call 613-549-4236
- 5. Dawn House for Women** – 2320 Princess St.  
24/hr shelter for women or those identifying as women - 18 years of age and older  
Programming, general housing assistance, system navigation showers, laundry  
For bed availability or general questions, call 613-766-6222
- 6. Lily’s Place Family Shelter** - 333 Kingscourt Ave.  
24/hr family shelter for single or couples with children  
Programming, general housing assistance, system navigation, showers, laundry  
For bed availability or general questions, call 613-542-6672 ext. 3
- 7. Kingston Interval House**  
24/hr emergency shelter for women and their children who have experienced violence  
Support services, programming, system navigation, showers, laundry  
Intake occurs 7 days per week, 24 hours  
Crisis Line available 24 hours per day: 613-546-1777 or 1-800-267-9445



## Drop-in / Day Services

- 1. St. Mary's Drop-In Centre** - 260 Brock St.  
Washrooms, showers, lunch and coffee, clothing donation  
Mon - Fri: 1:00 p.m. – 3:30 p.m.
- 2. Peers of the Round Table** - 60 Queen St.  
Washrooms, lunch and coffee, free laundry, computer access, activities,  
Mon - Sat: 10:00 a.m. – 3:00 p.m.
- 3. Integrated Care Hub – Access & Support Centre** - 661 Montreal St.  
Mental health supports, meals, showers, bathrooms, computer access, referrals  
7 days per week, 10:00 a.m. – 8:00 p.m.  
The Consumption Treatment Services (CTS) at the Integrated Care Hub  
7 days a week 9:00 a.m. – 9:00 p.m.
- 4. Kingston Alliance Church – Storehouse of Hope** - 540 Palace Rd.  
Meals and clothing  
Mondays from 10:30 a.m. – 1:00 p.m. (excluding statutory holidays)  
Snacks and coffee from 10:30 a.m. – 11:30 a.m., hot lunch from 11:30 a.m. – 1:00 p.m.
- 5. One Roof Youth Drop-In Daytime Services** - 620 Princess St.  
Community hub: youth-serving agencies provide wraparound services for youth aged 16 to 24  
Programming, washrooms, showers, meals & laundry  
Mon - Fri: 10:30 a.m. – 3:30 p.m.
- 6. A Great Start for Families: Kahwà:tsire Ronwatiyenawá:se Centre** -  
263 Weller Ave. Unit 4  
Registered programming for families with children 0-6 years of age, and expecting parents  
Program dates and times vary, please check their Facebook page for details at [A Great Start For Families Kahwà:tsire Ronwatiyenawá:se Centre](#) or call 343-477-0229
- 7. Trellis HIV & Community Care** – 844A Princess St.  
A drop in space for people living with HIV to access food, bathrooms, phone/computer, referrals to programs and community services.  
Open Mon - Fri: 9 a.m. – 3:30 p.m. (closed 11:30 a.m. – 1 p.m.).  
Breakfast available Mon – Fri: 9 a.m. – 10:30 a.m.  
For general questions, call 613-545-3698
- 8. Shower and Laundry Program** – 342 Patrick St.  
Supported by The Salvation Army Community Services. Shower and laundry are available for those experiencing homelessness. Appointment required; book 24hrs ahead. Toiletries and laundry essentials are provided.  
To book an appointment or general questions, call 613-548-4411 ext. 135



## Meal Services

If you find yourself in need of a meal, there are places in the city that can help. Meal services are available through local programs for anyone who needs them. See below:

1. **Martha's Table** - 629 Princess St.  
A Space that offers meals and referrals to community supports.  
Indoor dining available; Mon – Fri: 9 – 11am + 12pm (noon) – 2pm and 3pm – 5pm  
Take-out meals available everyday from 12pm (noon) – 2pm.  
Meal delivery is available pending eligibility  
For general questions, call 613-546-0320
2. **St. Vincent de Paul Society** – 595 Bagot St.  
Mon - Fri: 9 a.m. – 1:00 p.m., lunch and coffee served inside  
Provides clothing and household items  
Emergency food pantry – must have ID and an address  
For general questions, call 613-766-8432

**For more information about where to find food supports in the City of Kingston, please visit the Food Supports section of the City of Kingston website:**  
<https://www.cityofkingston.ca/community-supports/community-supports-and-well-being/food-supports/>

*All listed Drop-In / Day Service programs provide snacks and/or meals as described above.*

## Daytime Cooling Centres

Warm Up, Cool Down, and Clean Air locations are public spaces within the City where individuals are welcome to come in during extreme weather events. Individuals are encouraged to call ahead to confirm hours of operation and if there is capacity.

[Warm Up, Cool Down, and Clean Air Locations | City of Kingston](#)

1. **INVISTA Centre** - 1350 Gardiners Rd.  
Mon - Fri: 6:00 a.m. – 10:00 p.m.  
Sat: 7:00 a.m. – 8:00 p.m.  
Sun: 8:00 a.m. – 8:00 p.m.
2. **Calvin Park Library Branch** - 88 Wright Cres.  
Mon - Thu: 9:00 a.m. – 8:00 p.m.  
Fri & Sat: 9:00 a.m. – 5:00 p.m.
3. **Cataraqui Centre** - 945 Gardiners Rd.  
Mon - Fri: 10:00 a.m. – 8:00 p.m.  
Sat: 10:00 a.m. – 6:00 p.m.



Sun: 11:00 a.m. – 5:00 p.m.

4. **Kingston East Community Centre** - 779 Highway 15  
Mon - Fri: 6:00 a.m. – 9:00 p.m.  
Sat & Sun: 8:00 a.m. – 8:00 p.m.
5. **Central Library Branch** - 130 Johnson St.  
Mon - Thu: 9:00 a.m. – 8:00 p.m.  
Fri & Sat: 9:00 a.m. – 5:00 p.m.
6. **Pittsburgh Library Branch** - 80 Gore Rd.  
Mon: 9:00 a.m. – 1:00 p.m.  
Tue: 12 p.m. – 8:00 p.m.  
Wed: 10:00 a.m. – 6:00 p.m.  
Thurs: 12:00 p.m. – 8:00 p.m.  
Fri: 1:00 p.m. – 5:00 p.m.  
Sat: 9:00 a.m. – 5:00 p.m.
7. **Rideau Heights Library Branch** - 85 MacCauley St.  
Mon & Wed: 10:00 a.m. – 8:00 p.m.  
Tues & Thurs: 10 a.m. – 2:00 p.m.  
Fri & Sat: 9:00 a.m. – 5:00 p.m.
8. **Housing & Social Services** - 362 Montreal St.  
Mon - Fri: 8:30 a.m. – 4:30 p.m.

## **Outreach Services & Storage Program**

Street Outreach Workers will check on individuals' wellbeing and encourage people living outside to come indoors. Outreach staff also distribute water, sunscreen, snacks, and other seasonal supplies.

1. **Home Base Housing Street Outreach Team**  
7 days a week, Mon – Fri 8:30 a.m.- 10:00 p.m. Sat – Sun 8:30 a.m. – 6 p.m.  
613-542-6672 ext. 130
2. **Addiction and Mental Health Services of KFL&A (AMHS)**  
Supports referred individuals who are experiencing homelessness in the city and want to engage in mental health and community supports. For a referral, please phone.  
613-544-1356
3. **Welcoming Streets**  
Street Outreach Service in the Downtown Business Improvement Area  
7 days a week, 9:00 a.m. – 5:00 p.m.  
613-583-5008



#### 4. **Storage Program**

To access a storage service or get more details, please contact:  
- Home Base Housing Street Outreach - 613-542-6672 ext. 130

### **Prevention Diversion Services**

The following organizations provide Prevention Diversion Services to individuals and families at imminent risk of homelessness through housing support services.

1. Salvation Army - 613 548-4411
2. Home Base Housing - 613-542-6672
3. Immigrant Services of Kingston & Area (ISKA) - 613-544-4661

### **Public Washrooms**

Public washrooms are available across the city for everyone to use. These facilities are located in key areas to ensure convenience for residents and visitors alike. Find locations and hours of operation below.

1. **City Hall (lower level, access by Market Square)** - 216 Ontario St.  
Daily, 7:00 a.m. – 7:00 p.m.
2. **Kingston Visitor Centre** – 209 Ontario St.  
Open Victoria Day – Thanksgiving  
Daily, 9 a.m. - Dusk
3. **KGH Hospital** – 76 Stuart St.  
7 days per week, 24 hours
4. **Hotel Dieu** - 166 Brock St.  
Daily, 8 a.m. – 4 p.m.
5. **Lake Ontario Park** – 920 King St.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk
6. **Rotary Park** – 1280 Coverdale Dr.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk
7. **Woodbine Park** – 1180 Woodbine Rd.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk
8. **Shannon Park** – 199 Wilson St.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk



9. **McBurney Park / Skeleton Park** – 30 Alma St.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk
10. **City Park** – 33 Bagot St.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk
11. **Victoria Park** – 487 Brock St.  
Open Victoria Day – Thanksgiving  
Daily: 9 a.m. – Dusk

## Who To Call

1. Property standards / encampments  
By-Law Enforcement  
613-546-0000  
[bylawenforcement@cityofkingston.ca](mailto:bylawenforcement@cityofkingston.ca)
2. To remove needles / sharps or any drug paraphernalia on public property  
South East Health Unit (Formerly KFLA Public Health)  
613-548-5860  
[harmreduction@kflaph.ca](mailto:harmreduction@kflaph.ca)
3. To remove needles / sharps or any drug paraphernalia on public property  
Kingston Community Health Centre (KCHC) – Street Health
4. Non-emergency line for Fire and Police  
Kingston Fire and Rescue – 613-548-4001  
Kingston Police – 613-549-4660

## Links to PDF Resources

[Homelessness Services Rack Card](#)

[Homelessness Services - Who to Call](#) 613-549-1440

